

ALCHEMY

DISCOVER WHAT'S AT THE CENTRE

THE SOUND TEMPLE — A JOURNEY INTO THE HEART OF SACRED SOUND

Join Sarah & Anne for an inspirational evening of mantra, toning and sound-bath, with original heart-songs from Sarah's CD "Pure Love". They will create a temple of sound using pure vocal tones and the unique sound of Anne's playing of Hang Music from her recent album "Tender Lullaby".

Sarah Warwick is an internationally acclaimed singer, songwriter, sound healer, and teacher. During the 90's Sarah had three number one dance hits under the stage name Sarah Washington. For the last ten years, after training with Chris James, Sarah has dedicated her time and inspiration to writing, teaching and singing songs for heart and soul, facilitating the healing power of sound and song with individuals, groups and in the corporate sector. Her self-penned CD "Pure Love" is inspired by her deep love for life and nature.

www.lifesong.co.uk

Anne Malone is a singer/songwriter and Hang player with two top 10 New Age albums of Hang Music. Listening to Hang music is like being inside a mini-cathedral of bells, gongs and harps. Anne's hang playing has been embraced by the Yoga community, a favourite with Shiva Rea, Danny Paradise and Claire Missingham. Her journey into the essence of sound has lead Anne to work with Brandon Bays and Chris James, and now combines Journey and Sound therapy in her healing practice. Her teacher of 20 years, Maharaji, has taught her the joy of being in the heart of sound.

www.bluemuse.co.uk

FRIDAY, 12TH MARCH 2010 7:00 PM — 9:00 PM
FEE: £15 - EARLY BIRD BOOKING BEFORE 1ST MARCH £10

WITH
**SARAH WARWICK &
ANNE MALONE**



*"Sarah is an exceptional teacher, inspiring us all to sing our hearts out with passion and joy"
Lynne Franks, author of "Grow, A Modern Woman's Handbook"*

*"Anne's hang playing seems to come from another, more beautiful universe and beckons us to 'come along, come along' "
Jai Uttal*

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WWW.ALCHEMYTHECENTRE.CO.UK

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