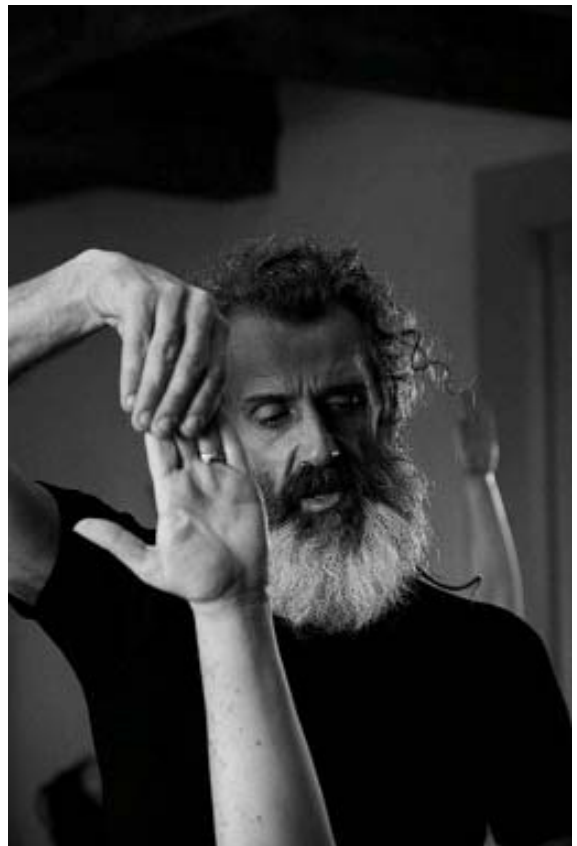




YOGA WORKSHOPS WITH STEWART GILCHRIST!
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About Stewart:

Stewart's sadhana has involved an extensive education with teachers from around the world. He has studied with Sri K Patthabi Jois (Mysore), Hamish Handry (Ashtanga London), Sri Shreshadree (Mysore), and David Life and Sharon Gannon (Jivamukti). This method combines music, movement, meditation, devotion and spiritual activism.



SATURDAY, 27TH MARCH & SATURDAY, 26TH JUNE 2010

2:00PM – 5:00PM

FEE: £30 IN ADVANCE; £35 ON THE DAY

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